

# *Labor Relations in Challenging Times*

## *~ Part II ~*

A conference sponsored by  
**Labor and Employment Relations Association**  
**Buffalo Chapter and MVP HealthCare**

**March 16th, 2010**

**Adams Mark Hotel (Buffalo, NY)**

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|---------------|---|
| 11:00 – 12:00 | Registration/Lunch  |
| 12:00 - 12:30 | Welcome: Review of last seminar and agenda<br><br>LERA –<br><br>MVP - Joseph Wild (Sales Director of Labor)   |
| 12:30 – 1:15  | Federal Updates<br>Frank Fanshawe -VP of Government Affairs (MVP)   |
| 1:15 – 2:15   | Wellness Overview and Case studies<br>Ellen Lindahl -Director of Worksite Health Promotions (MVP)   |
| 2:15 – 3:00   | TBD – Chris Fiello<br><br>Medical packages: <ul style="list-style-type: none"><li>➤ Cost of individual riders</li><li>➤ How much savings in changing plan designs</li><li>➤ Value and cost of different funding</li><li>➤ Fully Insured vs Self Insured:<ul style="list-style-type: none"><li>Minimum premium pro's and con's</li></ul></li><li>➤ Rx: Newest vs. Canadian purchased</li></ul> |
| 3:00 – 3:45   | Patrick Glavey- VP of Medicare Strategic Business Unit <ul style="list-style-type: none"><li>➤ Retiree cost options available? What is the cost?</li><li>➤ Individuals policy- value to Union members</li><li>➤ Group Policy (when and why to use them)</li><li>➤ Coverage for Retirees in and out of area</li><li>➤ Value of Medicare Advantage plans for Upstate groups</li></ul>           |

- 3:45 - 4:30                   HRA- Health Risk Assessments  
HSA-Health Savings Accounts  
FSA-Flexible Spending Accounts – latest and greatest
- Who is utilizing these accounts?
  - Do they work and how.
  - Benefits of only the FSA
- 4:30                               Closing Remarks & Evaluation and cocktails

## ***REGISTRATION FORM***

*\$50.00*

Cancellation Policy: Written notification of your withdrawal from this workshop must be received 3 days prior for a refund. Substitutions are always an option.

**Please mail to Sandra Luedke, Secretary/Treasurer, Box 100, One News Plaza, Buffalo, NY 14240  
Please email Sandy if you plan to attend – [secretary@lerawny.org](mailto:secretary@lerawny.org)**

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